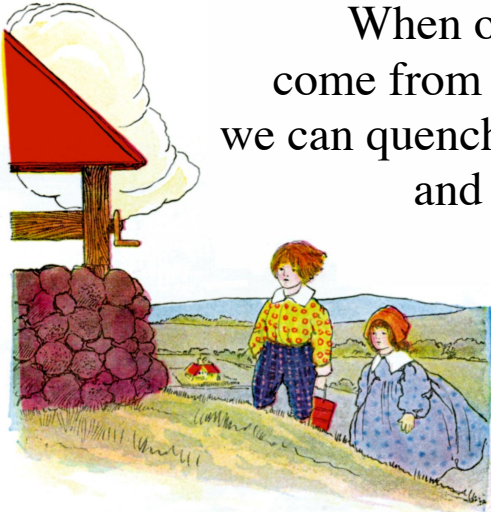


Jack and Jill

A Metaphysical Interpretation

When our thoughts and emotions
come from a place of love and goodness,
we can quench our thirst for doing things right
and doing the right things.



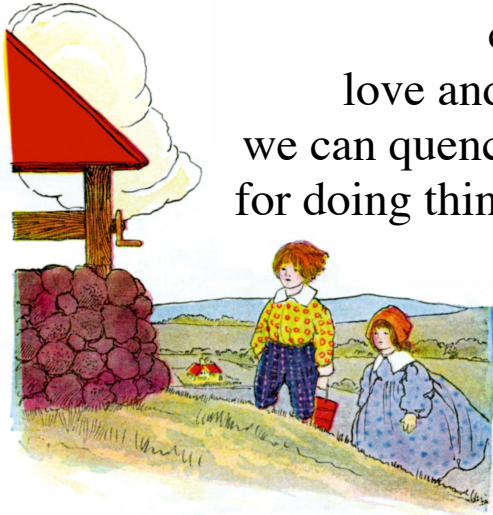
But if our thoughts are selfish and hurtful,
our feelings will be negative too.
Once we think about how we've acted,
we will realize we are really good inside
and make amends as fast as we can.

Then we should promise ourselves
to take a permanent vacation from negative thinking
by saying as many positive affirmations as we can,
so we won't have an unpleasant taste in our mouth
from the toxic words we used to say.

Jack and Jill

A Metaphysical Interpretation

When our thoughts (Jack) and emotions (Jill)
come from a place of
love and goodness (went up the hill)
we can quench our thirst (fetch a pail of water)
for doing things right and doing the right things.



But if our thoughts (Jack)
are selfish and hurtful (fell down),
Our feelings (Jill) will be negative too
(Jill came tumbling after).

Once we think (Jack) about how we've acted (Jack got up)
We will realize we are really good inside (trot home)
And make amends as fast as we can.

Then we should promise ourselves to take a
permanent vacation (go to bed) from negative thinking
by saying as many positive affirmations (bound his head)
as we can so we won't have an unpleasant taste (vinegar)
in our mouth from the toxic words (brown paper) we used to say.